

Concussion and Injury Policy

If, after impact to the head in practice or a game, a player shows, experiences and/or reports signs and symptoms of a concussion, coaches will remove the player from all activity. Parents will be notified, and the player may not return to practice or a game until cleared by a physician or an appropriate health care provider. The school will ask a parent to complete a “Return to Play” form and have your physician sign it. This form will be available on the website and from the head coach.

Football coaches are required to take a CDC online-training course about the signs and symptoms indicating possible concussion. Parents and athletes should also familiarize themselves with possible concussion symptoms by reviewing the materials found at the following website:

<http://www.cdc.gov/concussion/HeadsUp/youth.html>

When an injury is sustained in a sports practice or a game, parents must be notified by the coach. If said injury is of the magnitude to require consultation with a physician, this should be communicated to the head coach or athletic director. Parents will also be expected to communicate any medical restrictions and/or expectations to the school in order to enhance the athlete’s recovery.